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Nebraska PA

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www.nebraskapa.org

AAPA's 2011 Core Leadership Forum

In February we sent seven Nebraskans to Alexandria, Virginia to the CORE Leadership Forum. We did so with the expectation that they would gain experiences that would further us all. This year NAPA sent Michelle Buller, Chuck Scholtes, and Dara Schroeder as well as UNMC students Mallory Martineau and Jennifer Edeal and Union College students Anthony Mann and Laura Wegehaupt.

Part of NAPA's investment in the future of Nebraska is sending students to this event. We have asked the four students to write a description of the event from their perspective. In this edition of NebraskaPA we will feature a report from one of these students. Future newsletter editions will give forum to these other students.



Nebraska PAs Chuck Scholtes, Michelle Buller and Dara Schroeder with PA students Laura Wegehaupt, Mallory Martineau, Anthony Mann, and Jennifer Edeal at the CORE Leadership Forum.

CORE Student Thanks NAPA

By Laura Wegehaupt

Dear NAPA Members,

Thank you so much for providing the opportunity for me to be able to attend the CORE conference in Washington, D.C. I thoroughly enjoyed myself throughout the trip and feel so blessed for all the great presentations that I was able to attend. The amount of knowledge and information that was poured into us was absolutely incredible. This conference was an eye-opening experience on several different platforms.

I went into the conference with the outlook of not having a huge interest in politics of any topic for my whole life. I have always chosen to not get too involved with politics. Politics can be confusing, and discussing political topics usually follows with controversy when brought up with peers. However, this conference not only woke me up that both my attitude and outlook need to desperately change, but it also

sparked a huge interest to get involved with politics, especially with PA issues.

I absolutely loved and soaked in every moment we had on Hill Day in Washington. The topics we discussed lit a fire within me. I can be and need to be a voice for physician

assistants to help change and gain every privilege that we deserve and need to obtain in order to treat our patients.

Again, I can not thank NAPA enough for giving me this magnificent opportunity. I definitely hope to return to CORE.

NAPA Board of Directors Meeting

April 6th, 2011
Noon

Holiday Inn Hotel and
Convention Center
Kearney

*NAPA board meetings
are open to all members.*

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President's Message

PA's Called to Serve

Patty J Scholting, PA-C

President, NAPA

Welcome to the spring edition of the NAPA Newsletter. I hope this finds everyone in good health and in good spirits after a cold, snowy winter. With spring just around the corner we will soon draw our attention to the *NAPA 36th Annual Spring CME Conference* in early April. I look forward once again to seeing friends, students, and fellow colleagues.

I struggled somewhat to find a focus of discussion for this edition. After giving it some careful thought I decided on the subject of *service*, which is appropriate in a variety of circumstances. Upon settling on a topic, I turned to my trusty dictionary,

which offered me an array of definitions for the word *service*. I intently read each of the seven varying definitions for the simple word *service*. I came to the conclusion that the word *service* is not as *simple* as it seems.

As healthcare providers much of our day is spent in *service*! We not only provide a *service* to our patients but also to our communities. Many fellow PAs have chosen to *serve* our nation in the military. There are many who *serve* our state organization in a variety of capacities. Others have volunteered to *serve* in our national organizations. Some have *served* others through missionary work in this country as well as around the world. Basically, when we chose to enter the medical world as a PA we committed

ourselves to some form of *service*.

So many of you are wondering, "Where is she going with this topic?" Good question! In the very near future NAPA will be calling on the general membership to consider *serv-ing*. I have come to know many of you over the years, and I am certain that everyone has something to offer in the way of *service* to our state organization. Whether it is sitting on a committee, the HOD, or on the board, it is all about the commitment to *service*. I ask each one of you to take inventory of your time and talent, step up to the plate, and take that leap of faith to *serve*. Through *service* in your state organization you will foster a sense of pride and ownership. I promise you will never look back!

NAPA Unveils Grant Application Process

Submitted by Darwin Brown

The NAPA Board of Directors is happy to unveil the NAPA Grant Application process. The application can be found on the NAPA web site. This article will cover some of the basics about the grant process.

In order to apply for a grant, you must be a member of NAPA. The grant monies can only be used for projects in Nebraska and the grant is non-renewable. Limitations also exist on what the grant money can be used for.

To make the grant process more useful, we are initiating a rolling approval process, which means you can apply at any time. We hope this allows for greater opportu-

nity and flexibility in the grant application process. The NAPA Scholarship & Grants Committee will initially evaluate each grant proposal. The Committee's recommendation will be forwarded to the NAPA Board of Directors for a final decision. Our hope is to provide a speedy turnaround time on

all grant applications, within 10 weeks of receiving a completed request.

The grant application is fairly straightforward, and instructions are included in the application. Please contact Kathleen Tonkin with any question concerning the application or the process itself.

Reimbursement News

Submitted by Chuck Scholtes PA-C Reimbursement Chair, NAPA

PA's have been working with senators and congressmen to have the scope of their medical knowledge optimized in the changing medical environment. A recent victory come from The Affordable Care Act. It

has included a provision to allow PA's to perform the initial certification and periodic re-certification that is required for skilled nursing facility (SNF) care. The provision was published in the Federal Register November 29th, 2010, and became effective January 1, 2011. (Section 3108, page 219).

Nebraska Physician Assistant Alumni Reception

Plan to attend the "Nebraska Physician Assistant Alumni Reception" at the AAPA 2011 Annual Meeting in Las Vegas. The reception is sponsored by NAPA, Union College and the UNMC PA Alumni Chapter. The reception will be held on Tuesday, May 31st, from 7:00 to 8:30 p.m. at the Embassy Suites Convention Center, Ambassador Ballroom located on the first floor.

- Reconnect with your classmates and colleagues.
- Meet some great folks that all have their PA roots in Nebraska.
- Say "Hi" to current NAPA leaders and PA program faculty.
- Enjoy delicious hors d'oeuvres, all on the house (plus a cash bar).
- Have a chance to win some great prizes.



The Nebraska PA is the official publication of the Nebraska Academy of Physician Assistants, 1335 H Street, Suite 100, Lincoln, NE 68508-3784. Comments, ideas and suggestions are welcomed. Articles for submission should be sent to the editor. Publication dates and submission deadlines are as follows:

Deadline	Publication Date
April 27, 2011	June 1, 2011

Russ Coash, PA-C, Managing Editor

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NAPA Conference Just Around the Corner

Submitted by Penni Jackson PA-C, NAPA CME Committee

See you all in Kearney for the 36th Annual NAPA Spring CME Conference, which will be held April 6-9, 2011 at the Kearney Holiday Inn and Convention Center. All the presenter slots have been filled, and we are excited to announce we have 34 speakers providing 32 lectures and workshops covering a wide variety of primary and specialty care topics. The NAPA CME Committee is seeking approval for attendees to earn up to 25 hours of Category I CME, and there will be opportunity to gain another 1.5 hours of Category II CME. Brochures with registration forms have been mailed. Registration forms and information are also available at www.nebraskapa.org.

New this year is a cadaver lab. The cadavers are being brought to Kearney from UNMC. There will be three groups of eight people who will get the chance to practice various lifesaving techniques. The fee for this workshop will be \$75. More information will be provided on the registration form. We will also be having the second annual "Last Man Standing Award" which will be presented on Saturday at the close of the conference. Expect also an interesting exhibit hall as it is filling up. Can't wait to see everyone in Kearney.



Patty J Scholting, PA-C presents Leslie C. Hellbusch, MD with Supervising Physician of the Year award at the 2010 conference.

Rural Emergency Medicine Skills Workshop

New this year at the NAPA conference in Kearney will be a very special training opportunity. This two-hour workshop will provide participants with extensive hands-on experience working on lightly embalmed cadavers to learn techniques for performing chest tube placement, stabilization of the airway using various emergency airway devices, placement of interosseous devices, and joint injections. Instructors include UNMC ER physicians, anatomy instructors, and PAs. More details can be found on the NAPA website.

From the Newsletter Archives

In case you missed it check out the September 2010 edition of the NebraskaPA for an article and class photo of the first class to graduate from the UNMC program. Newsletters are archived online at nebraskapa.org.

NAPA 36th Annual Spring CME Conference

April 6-9, 2011

**Kearney Holiday Inn
and Convention Center**

For more information:

www.nebraskapa.org

Phone: (402) 476-1528

E-mail: info@nebraskaPA.org

Hotel Reservations:

Holiday Inn 308-237-5971

Wingate Inn 308-237-4400

Hampton Inn 308-234-3400

Newsletter Report for BOD Meeting 1/14/2011

Submitted by Chelsie Doane, PA-C

The NAPA Board of Directors met on January 14, 2011 at Anderson Management offices in Lincoln, NE.

President's Report

Patty Scholting: She attended the Union College White Coat Ceremony on behalf of NAPA and is organizing the AAPA CORE trip to Washington, D.C. Patty also stays active on the Nebraska Coalition for Patient Safety board where she is the secretary.

President-Elect Report

Jodi Chewakin: She attended the Union College White Coat Ceremony.

Board Member-at-Large Report

Cheryl Lindly: Alegent has been having all mid-level meetings as they are trying to get more organization for compensation and evaluations. In the past there has not been any consistency in this. There are 68 MLPs in Alegent health. They are on every executive committee except the executive board. They are also considering an administrative position to oversee and work on salary, evaluations, and scope of practice issue.

Treasurer's Report

A budget for 2011 was created.

Total projected expenses for 2011: \$136,500

Total projected Income for 2011: \$111,900

Total projected Profit or Loss for 2011: (\$25,150)

Committee and Liaison Reports

Investment Committee Report

Brandon and Del Smith RBC management: Their suggestion for our current financial situation: Put one-half fixed income allocations into Loomis and Sayles Bond and Strategic Bond Fund for more of a tactical bond manager to cope with higher interest rates. Take some of the cash (\$12,179) and place it into a CD.

Publications

Russ Coash: The due date for the upcoming newsletter is February 5th, 2011. Ideas for newsletter articles were presented. Anyone with ideas please email to Russ.

Membership Committee

Membership dues renewal notices went

out in mid November with reminders in January. There was a dues increase this year. An overview of NAPA membership was given to UNMC and is planned for Union College. We had 440 total members in 2010 and 356 members in 2009. We already have 256 members for 2011 so far.

Communications/Website

The website continues to be updated with the dues increase and CME activities. There are no current plans for large site renovations in 2011.

Judicial Committee

Penni Jackson will now sit on this committee as Mark Christensen steps off

Legislative Committee Report

They are preparing for the 2011 Legislative Session. There are no plans to introduce PA-specific legislation.

They have been successful in removing PAs from the language of a bill that would delineate the provisions for re-entry into medical practice after a license has been inactive, as there are already rules that outline the re-entry process for PAs.

NAPA Office

Membership and year-end financials have been worked on. They are also working on the CME conference and Physician and PA of the Year.

Patient Safety

Darwin Brown/Patty Scholting: They continue to collect reports and provide monthly patient safety reports. The Coalition has had a relationship with the Nebraska Hospital Association that is coming to an end, and they will be looking for another entity to house the organization.

Nebraska PA Foundation (NAPA grant and scholarship committee)

Darwin Brown/Tom Grothe: The main goal of the foundation was to create a grant application. The first application is being processed as of this time, so any problems can be worked out before it is released to the membership in February.

CME Committee

Dara Schroeder: The committee is busy putting the final touches on the conference. The CME brochures will be mailed out the first week in February. Two students from each program were invited to sit on the com-

mittee to help decide student participation.

Union College

There were 320 applicants to the program in 2010 and 27 students were accepted to the class, compared to 25 last year. The program was recently reaccredited until 2016, which is the longest amount of time that is granted.

UNMC

The Class of 2013 will increase in size to 46 students. The classes are staying busy volunteering at the Sharing Clinic, YWCA, and within the campus.

Old Business

Spring 2011 NAPA CME Conference

A new workshop will include chest tubes, joint injection, and intubation, and interosseous placement will be the using the Cadaver Labs. \$75 dollar fee will be charged. First preference will be given to those who work in a rural community. There are only 24 slots.

No Knowledge Bowl will take place and students have not yet decided on the raffle.

Mark Christensen will present at NAPA about the specialty certification through NCCPA.

CORE

February 17-20, 2011. Two Union and two UNMC students will be attending, along with members of the board and the general membership.

New Business

Awards at the CME Conference

All forms will be online and an email blast will be sent out. The awards that are open for this year are Physician of the Year, PA of the Year, and Service Awards.

Call for Candidates

The opening positions are: President-Elect, Treasurer, and HOD.

Open floor: Question/Answer

There is an opening for a PA on the HHS PA committee advisory for the BME.

Next Meeting

Meeting adjourned by Patty Scholting at 1:18 p.m. The next meeting will be held in Kearney at the NAPA Conference on April 6, 2011 at 12:00 p.m.



If you have considered volunteering your time to NAPA, now is a great time to think about running for a board position. The next NAPA Board of Directors elections will be held in May 2011. The Nebraska Academy of Physician Assistants board serves to represent all PAs in the state. Statewide representation of Physician

Assistants is an important goal of the NAPA board and rewarding opportunities are available in the coming election. President Patty Scholting, along with the current NAPA Board of Directors, encourages all Nebraska Academy members to consider bringing their talents and interests to the forefront and consider serving on our professional board. Please give thought to stepping forward to run for the following positions slated for election with terms commencing July 1st, 2011. Positions being filled by election this year include; President-elect, Treasurer, Director at Large and House of Delegate Representative. Feel free to contact any current Board Member if you have any questions.

If you would like any specifics about responsibilities or duties for a board position or have any other questions, please contact the NAPA office at 402-476-1528 or info@nebraskapa.org.

Tis' The Season for New Guidelines and Recommendations

ADA 2011 Clinical Practice Recommendations

American Diabetes Association http://professional.diabetes.org/CPR_search.aspx

ACP Guidelines for Glycemic Control in Hospitalized Patients

The American College of Physicians: www.annals.org/content/154/4/260.full

Commentary: www.medscape.com/viewarticle/737347?src=mp&spon=22

2011 ACCF/AHA/HRS Focused Update on the Management of Patients with Atrial Fibrillation

www.medscape.com/viewarticle/735326?src=mp&spon=2

ACP Issues Guidelines for Diagnostic Imaging for Low Back Pain

American College of Physicians www.annals.org/content/154/3/181.full.pdf+html%29

CME: www.medscape.org/viewarticle/736694?src=cmemp

AAP Febrile Seizures: Guideline for the Neurodiagnostic Evaluation of the Child With a Simple Febrile Seizure

American Academy of Pediatrics <http://pediatrics.aappublications.org/cgi/content/abstract/127/2/389>

CME: <http://www.medscape.org/viewarticle/736698?src=cmemp>